

LEARNING AT HOME SCHOOL AGE WEEK 1

March 23rd- 27th



Dear Families,

We are excited to launch plans for Week 1. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

STEAM

**Science, Technology, Engineering, Art
and Mathematics**

Recycled Material Buildings

Use recycled materials to build sculptures with glue or tape. Let your child get creative and build a castle, robot or their own creation.



Science Experiment

Oil and Water Experiment

Let your child explore with oil and water. Add food coloring to the water. With pipettes, let your child drop the colored water into a cup of oil and see what happens.



Physical Literacy

Soccer

Outside with your toddler. Kick a soccer ball (or other ball) around with your child. Talk to them about taking turns with the ball. Make a pretend goal using blue tape that your toddler can aim at when they kick the ball.

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Sensory

Playdough

Make a playdough recipe with your child. Let them help measure and mix the ingredients. Add cookie cutters and plastic silverware to use as playdough tools.

Creative Activity

Mosaics

Give your child a variety of materials such as construction paper, tissue paper, fabric scraps, gems, nature items. Let your child create a mosaic using those items.



Additional Activities

Get Outside: Bring Bubbles outside for your child to blow bubbles. Challenge them to pop the bubbles using different body parts.

Games: Play board games with your child. Encourage them to take turns while playing the games.

Culinary: Make a simple recipe with your child in the kitchen. Let them help measure, stir and bake with you.