

LEARNING AT HOME INFANT WEEK 3

April 6th-10th



Dear Families,

We are excited to launch plans for Week 3. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Reading Books

Read books with your infant. Provide your infant with toys that match the book. Let your infant manipulate the toys and bring attention to the toy when it is in the book.



Social-Emotional Development

My Turn, Your Turn

With an older infant sitting up, roll a ball back and forth with them and use the words "My turn, your turn". For younger infants, you can do this activity during tummy time.



Physical Literacy

Bicycle

Place an infant on their back. Use their legs and move them as if they were riding a bike. You can make their legs go fast or slow and change directions after moving them for a minute.



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Cognitive Development

Object Permanence Game

Object permanence is when a baby realizes something still exists even when it is not in their view. Practice object permanence by putting a hole in a box that they can put a ball or toy in. Some babies will shake the box to get the ball back or you may have to take the ball out and show them it again.



Creative Activity

Ice Cube Painting

Make colored ice cubes by mixing water and food coloring in ice cube trays. You can cover with foil and add popsicle sticks to make a handle if you choose (Do before freezing). Let your infant use the ice cube to make marks on their paper. Bring your infant's attention to the marks they are making.



Additional Activities

Get Outside: Lay a blanket outside on the ground. Point out the insects and animals that you might see outside.

Physical: Use tape to make a spider web shape in-between a doorway. Add light toys to the tape that your infant can grab off of it. Encourage your infant to stick the toys back on the tape.