

LEARNING AT HOME INFANT WEEK 4

April 13th-17th



Dear Families,

We are excited to launch plans for Week 4. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Music Monday

Activity 1: Play Instruments with the your baby.

Activity 2: Make shakers using rice and plastic eggs or empty water bottles.

Activity 3: Sing lullabies with your baby. Rock them back and forth to the song.

Tasty Tuesday

Activity 1: During tummy time, let your baby explore with play and/or real food.

Activity 2: Make a food truck out of a cardboard box for your infant to play.

Activity 3: Create a sensory tray for your infant to explore with using crushed cheerios. Add animals for play.



Work Together Wednesday

Activity 1: Work together with your infant to stack blocks.

Activity 2: Play a "Dump and Fill" game. Put toys of interest in a basket that they can dump and fill back up together with you.

Activity 3: Add a little bit of water to a tray and add animals or other toys of interest. Interact with your baby during play.

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Artsy Thursday

Activity 1: Add cars to paint and let your infant drive the car over the paper.

Activity 2: Using a taste safe paint and paper, let your infant spread the paint over the paper.

Activity 3: Paint while doing tummy time.

Taste Safe Paint Recipe

Potato flakes, Food coloring, Warm water

Mix all ingredients together until desired texture.

The amount of water and potato flakes will depend on how thick or thin you want the paint.



Family Friday

Activity 1: Read books with your baby

Activity 2: Show your baby family photos. Point out the different family members and names.

Activity 3: Take a walk as a family. Bring your infants attention to their surroundings.



Additional Information

The Week of the Young Child™ is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers and families.

For more information go to:

<https://www.naeyc.org/events/woyc>