

LEARNING AT HOME OLDER TODDLER WEEK 4

April 13th-17th



Dear Families,

We are excited to launch plans for Week 4. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Music Monday

Activity 1: Play instruments with your child. Make quick and easy instruments using plastic eggs and rice, empty water bottles with rice, or empty cans (coffee, formula) and wooden spoons.

Activity 2: Paint with music on in the background. Make paint with this easy recipe.

3 cups flour, 3 tablespoons corn starch, 4 cups water, food coloring; Mix flour and corn starch. Slowly add water and whisk to ensure mixture does not lump. Once smooth, separate into bowls and mix in 2-3 drops of food coloring to reach desired color.

Activity 3: Have a dance party with different types of music.



Tasty Tuesday

Activity 1: Play restaurant with your child. Pretend to cook food (real or pretend) and serve to each other. If you do not have a play kitchen you can make one using a cardboard box.

Activity 2: Plant vegetables with your child. You can start your gardens inside the house or outside if you have space for a vegetable garden.

Activity 3: Cook a simple recipe with your child.



Work Together Wednesday

Activity 1: Work together with your child to create a picture using paint, crayon, or colored pencils.

Activity 2: Make ramps with your child using materials from around the house (cardboard, tape). Let your child roll balls or cars down the ramp.

Activity 3: Make an obstacle course outside with your child.



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Artsy Thursday

Activity 1: When reading books, point out the illustrations in the book. Talk about the colors that were used.

Activity 2: Make Michelangelo style art under the table like painting a ceiling. Children can use crayons, colored pencils or paint to make their art.

Activity 3: Use chalk to create art on the driveway or sidewalk.



Family Friday

Activity 1: Make a family portrait with your child using crayons and paper.

Activity 2: Do a family activity today. Take a walk together or do a family scavenger hunt.

Activity 3: As a family, do your child's favorite activity. It can be an activity that you have done the past few weeks or something that they have always loved to do.



Additional Information

The Week of the Young Child™ is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers and families.

For more information go to:

<https://www.naeyc.org/events/woyc>