

LEARNING AT HOME INFANT WEEK 5

April 20th-24th



Dear Families,

We are excited to launch plans for Week 5. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Singing Songs

Sing the songs "Five Little Speckled Frogs" and "Five Little Ducks" with your toddler. Encourage them to move around like ducks and frogs or use visuals of ducks and frogs while singing the songs.



Social-Emotional Development

Sensory Bottles

When your baby is upset, give them a sensory bottle to look at and explore. Make mature sensory bottles using pine cones, sticks, leaves or other nature items.



Physical Literacy

Tummy Time

Practice tummy time and strengthen muscles. Pull out the sensory tray (cookie sheet) with water and animals. Let the children manipulate the animals and splash in the water.

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Cognitive Development

Ball Game

Provide your infant with a ball and a metal bowl. A plastic one will work if you do not have a metal bowl. Let your infant move the bowl around with the ball in it and listen to the sounds that the ball is making. Bring attention to what the ball is doing when they tip the bowls to one side.



Creative Activity

Pond Painting

Let your baby explore with blue and green finger-paint to make a "pond".

Taste Safe Paint Recipe

1/4 cup flour

1/2 cup warm water

2 to 3 drops food coloring

Whisk together the flour, water and food coloring.



Additional Activities

Get Outside: Go for a walk with your infant and point out the different sounds that they hear.

Mirror Play: Put your infant in front of a mirror for them to watch their face. Bring their attention to the faces they make.

Puzzles: Use easy grip puzzles with your infant for them to explore.