

# LEARNING AT HOME OLDER TODDLER WEEK 6

April 27th- May 1st



Dear Families,

We are excited to launch plans for Week 6. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Reading Books

Read books with your toddler. Stop throughout the story and ask your toddler open-ended questions about the book. Open Ended questions have no right or wrong answer. Examples are: How did that happen?, what might you change?, what do you think will happen?



## Social-Emotional Development

### Calming Strategy

Breathing strategies help bring oxygen to the brain and calm a child down. Practice the balloon breathing technique with your child when they are upset. Place your hands on the top of your head with your fingers interlaced. As you take a deep breath, raise your hands inflating your balloon. When you release your breathe, bring your hands down while making a "pbbpbbpbb" sound.



## Physical Literacy

### Hide and Seek Pond Animals

Hide pictures or animals around your house or yard that your toddler can run and find. You can try other movements as well such as hopping, skipping, crawling or galloping to go find the animals.



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## Cognitive Development

### Ramps

Using cardboard and balls or cars, let your toddler drop the object and let it roll down the ramp. Talk to your toddler about the difference of letter the ball go and pushing it. Change the angle of the ramp to make changes in speed or length the ball travels.



## Creative Activity

### Splatter Art

Let your toddler splatter paint onto paper to make a design. This activity will get messy so it is best to do it outside with a smock. If not paint, mix water and food coloring to make a loose paint perfect for splattering.



## Additional Activities

**Math:** Practice counting with your child by counting how many animals you have. You can also have your toddler sort the animals by where they live.

**Get Outside:** Play red light, green light with your toddler. Have them do different movements (hop, skip, run, jump, gallop, crawl) every time you say red light.

**Sensory:** Mix together cornstarch and water to make a mucky mud. Add animals to the mud to play with.