

# LEARNING AT HOME YOUNG PRESCHOOLER WEEK 6

April 27th- May 1st



Dear Families,

We are excited to launch plans for Week 6. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Letter Matching

Play a letter matching game with you preschooler. Talk about the sounds that the letters make once they match them together.



## Social-Emotional Development

### Emotion Portraits

Talk with your preschooler about emotions. What emotions are, what they look like, how how they might feel. Have your preschooler look in a mirror and draw the different emotions they feel. Make a book out of their pictures.



## Physical Literacy

### Bean Bag Toss

Set up baskets or construction paper for your preschooler to toss the bean bags at or into. If you do not have bean bags, you can use balls, stuffed animals or rolled up socks.

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## Cognitive Development

### Color Sorting

Using toys that have a variety of colors, have your child sort them. Once they sort the objects by colors, have them count how many they have of each color.



## Creative Activity

### Mosaics

Give your child a variety of materials such as construction paper, tissue paper, fabric scraps, gems. Let your child create a mosaic using those items.



## Additional Activities

Get Outside: Play red light, green light with your preschooler. Have them do different movements (hop, skip, run, jump, gallop, crawl) every time you say red light.

Sensory/Science: Freeze small toys in ice cube trays. Let your child drip salt water on the ice cubes to melt them. If you don't have an eye dropper they can use a paint brush and paint the salt water on.

Movement: Play family charades with your preschooler. Act like different animals and guess what each other is.