

LEARNING AT HOME INFANT WEEK 7

May 4th-8th



Dear Families,

We are excited to launch plans for Week 7. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Reading Books

Read books with your infant. Point out the illustrations and name what the pictures are.



Social-Emotional Development

Tummy Time

Participate in tummy time with your infant. Bring toys on interest into the middle of you and the baby. Bring your infants attention to you and the toys.



Physical Literacy

Sensory Walk

Set up a sensory walk for you infant to touch or crawl over. Use different textures from around your house such as felt, foam sheets, bubble wrap, fabric, grass, rocks, dirt.



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Cognitive Development

Hide and Seek

Play a hide and seek game using flowers (fake or real) and stuffed animals. Show your infant the flower or stuffed animal, then hide it under a scarf or blanket.

Creative Activity

Finger Painting

Let your baby explore with finger-paint. Bring your infants attention to the marks that they leave on the paper.

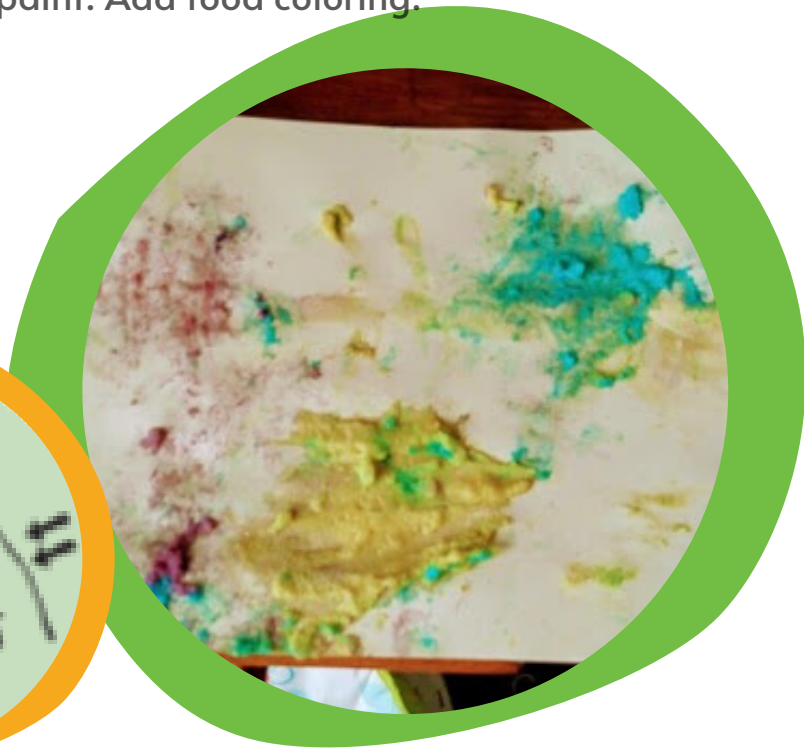
Taste Safe Paint Recipe

Potato Flakes

Warm water

2 to 3 drops food coloring

Add the potato flakes to a bowl. The amount of water will depend on how thick you want your paint. Add food coloring.



Additional Activities

Sensory: Add water to a shallow bin. Add strainers, cups and bowls for your infant to explore with.

Music: Pull out instruments to play with your infant. Encourage them to use the instrument to make noise.

American Sign Language: During meal times, practice signing more with your infant.