

LEARNING AT HOME OLDER PRESCHOOLER WEEK 7

May 4th-8th



Dear Families,

We are excited to launch plans for Week 7. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Letter Matching

Provide a letter matching game for your child such as puzzles or homemade alphabet cards. Encourage your child to match the letters together. Talk to your preschooler about the sound that the letter makes.



Social-Emotional Development

Role Play

Participate in your child's role play activities such as pretending to cook, doctor or taking care of their baby dolls. You may need to help guide their play with words if they need it.



Physical Literacy

Bowling

Make nature bowling pins by filling empty water bottles with flowers, sticks or grass. Have your child set up the nature bowling pins in the traditional triangle shape and roll a ball to see how many pins they can knock down.



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Cognitive Development

Do Leaves Breathe Experiment

Fill a bowl with luke warm water. Find a leaf outside (better to have one from the tree). Submerge the leaf in the water by putting a rock or something heavy on top. Then wait. After a few hours, look back at the leaf to see if there are any changes. It will have bubbles. Talk to your child about when they are underwater and hold their breathe. What happens?



Creative Activity

Fork Flowers

Using forks, paper and paint, encourage your child to use the forks as a paint brush and make flowers on their paper. They can use paintbrushes or their fingers to make additional items in their picture.



Additional Activities

Sensory: Mud Dough- Use 2 cups flour, 1/2 cup salt, 2 tbsp oil, 1 cup warm water, food coloring (mix colors to make brown or add dirt from outside to make brown color). Mix all the ingredients together and then let your child explore with the dough with nature items.

Puddle Jumping: Use paper plates or construction paper to make puddles. Add letters to the puddles and let your child jump in the puddles. Have them name the letters that they jump on.

Creative: Collect branches and sticks from outside. Add paint, art materials such as felt, tissue paper, or fabric to decorate them.