

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 7

May 4th-8th



Dear Families,

We are excited to launch plans for Week 7. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Letter Matching

Provide a letter matching game for your child such as puzzles or homemade alphabet cards. Encourage your child to match the letters together. Talk to your preschooler about the sound that the letter makes.



Social-Emotional Development

Role Play

Participate in your child's role play activities such as pretending to work at a garden shop, chef or taking care of their baby dolls. You may need to help guide their play with words if they need it.



Physical Literacy

Bowling

Make bowling pins using paper towel tubes (cut in half). Let your child decorate the tubes as their bowling pins. Help your child set up the triangle pin shape and roll the ball to knock over the pins.

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Cognitive Development

Water Drinking Plant Experiment

Using a white flower or celery, food coloring and a glass. Mix water with food coloring and place the celery or flower into the water. Wait and watch the color move up the celery stalk or change the color of the flower. Talk to your child about how the celery or flower drinks the water.



Creative Activity

Flowers

Using recycled materials such as soda bottles, cups, boxes or paper towel tubes and paint. Let your child make flowers out of those items on their paper. Your child can collect nature items such as sticks and leaves to add to their art.



Additional Activities

Sensory: Mud Dough- Use 2 cups flour, 1/2 cup salt, 2 tbsp oil, 1 cup warm water, food coloring (mix colors to make brown or add dirt from outside to make brown color). Mix all the ingredients together and then let your child explore with the dough with nature items.

Gardening: If you have started a garden already, let your child help care for the plants with weeding and watering. If you have not started a garden, start one. Let your child help pick out what is getting planted.

Movement: Outside pretend to be flowers dancing in the wind.