

LEARNING AT HOME INFANT WEEK 10

May 25th-29th



Dear Families,

We are excited to launch plans for Week 10. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Singing Songs

Sing the song Old MacDonald with your infant. Use visuals such as pictures of farm animals, animal puppets or stuffed animals to help your infant learn the name of the animals in the song.



Social-Emotional Development

Tummy Time

Have conversations with your infant during tummy time. Talk about what your infant is doing. Talk about the faces they are making and how they might feel.



Physical Literacy

Stretching

Lay your infant on their back and gently stretch their arms and legs up and down. Get their bodies and muscles moving.

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Cognitive Development

Peek-A-Boo

Use plastic eggs to play peek-a-boo with your infant. Show your infant the egg then hide it under a blanket, cup or scarf. Let your infant explore and look for the egg.



Creative Activity

Painting with Brushes or Hands

Let your baby use their hands or paintbrushes to make marks on paper. Bring their attention to the marks that they are making with the animals.

Taste Safe Paint Recipe

Rice Cereal

Water

2 to 3 drops food coloring

Mix the cereal and water until it is a paint like consistency. Add food coloring for color.



Additional Activities

Language: Read books with your baby. Reading a book with them helps them learn language.

Sensory: Add water to a cookie tray and let your infant splash in the water. Provide water toys for them to grip and splash in the water.

Outside Bubbles: Bring bubbles outside for your infant. Lay or sit your infant on the ground for them to watch the bubbles floating. If they are mobile, encourage them to chase the bubbles.