

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 10

May 25th-29th



Dear Families,

We are excited to launch plans for Week 10. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Plastic Egg Letter Matching

On plastic eggs, write the uppercase letter on the top and lowercase on the bottom. Mix up the eggs and let your child match the uppercase and lowercase letters together.



Social-Emotional Development

Paper Plate Emotion Masks

Cut paper plates in half. On the plate, make an emotion mouth. Add a Popsicle stick for your child to hold on to. Let your child hold the paper plate up to their face and talk about that emotion.



Physical Literacy

Farm Animal Yoga

- Duck- Place an object between their legs and waddle like a duck.
- Pig- Lay on their back with their knees to their chest. Rock from side to side.
- Horse- Gallop around the room.
- Cow- In a crawling pose, let your toddler moo like a cow.
- Sheep- Jump from foot to foot like you are jumping over a fence.
- Donkey- In a crawling pose, kick on leg back at a time.
- Chicken- Flap your wings like a chicken.
- Dog- Downward dog pose.

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 10

May 25th-29th



Cognitive Development

Sorting Animals

Using your child's toy animals or pictures of animals, have your child sort the animals by where they live. Use animals from the farm, ocean, desert, jungle, forest, arctic.



Creative Activity

Utter Painting

Fill dish gloves or disposable gloves up with paint. When ready, poke small holes in the bottom and let your child paint over paper while pretending to milk a cow.



Additional Activities

Science: Magic Milk Experiment- Add milk to a cookie tray. Add drops of food coloring in different spots around the tray. Add a little dish soap to a q-tip that your child can dip in the milk. Watch the reaction.

Sheep Shearing: Make a large sheep shape with your child. Using cotton balls with contact paper or shaving cream on your sheep. Let your child shear the sheep by taking all the cotton balls off or scraping off all the shaving cream.

Alphabet Egg Search: Hide the alphabet eggs outside for your child to search for.