

LEARNING AT HOME INFANT WEEK 11

June 1st-5th



Dear Families,

We are excited to launch plans for Week 11. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

The Wheels on the Bus

Sing the wheels on the bus with your infant. Help your infant do the hand motions that go with the song. With older infants, do the movements yourself and see if they copy what you are doing.



Social-Emotional Development

Row, Row, Row your Boat

Put your infant on your lap as you sit on the floor or couch. Rock your infant back and forth as you snuggle them close. Sing the song row, row, row your boat to them. For older infants you can sit them across from you and gently rock them back and forth by holding around their waist.



Physical Literacy

Bumpy Locomotion

Place soft items such as pillows or stuffed animals on the ground. Cover them with a sheet. Put your infant on one side on the sheet. Move to the other side and encourage your infant to move across the bumpy path by rolling, crawling or walking to get you.

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Cognitive Development

Box Car

Use a cardboard box to make a car for your infant to explore with. Cut off one or two sides for easy access. Add elements that you would see in a car such as a steering wheel (paper plate) or a mirror.



Creative Activity

Chalk Art

The day before this activity, mix together 1 cup of cornstarch and 1/2 cup of water. You may need extra water if it is too difficult to stir. Add little drops. Add food coloring to add the color you want. Add the mixture to a muffin tin (line with parchment paper for easy removal) and freeze. Give your child paper and let them explore with the chalk on paper.



Additional Activities

Sensory: Boats in water- Add water to cookie tray with toy boats. Let your infant play with the boats and splash in the water.

Creative Expression: Let your infant drive toy cars over taste safe paint and paper.

Outside: Take a walk with your infant using their different types of transportation they have. You can use a bike, wagon, stroller or walk with them in a carrier. Bring attention to the different types of transportation you see in your neighborhood.