

LEARNING AT HOME OLDER PRESCHOOLER WEEK 11

June 1st-5th



Dear Families,

We are excited to launch plans for Week 11. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Transportation

Talk with your child about what types of transportation we have. After talking with them, have them write about their favorite way to travel.



Social-Emotional Development

Board Games

Pull out the age appropriate board games and play them with your child. Talk about turn taking. If your child gets upset during the game, talk to them about ways to handle their emotions.



Physical Literacy

Transportation Yoga

Car: Sit with your legs and arms straight out.

Helicopter: Stand tall with your hands straight above your head. Move your arms in circles.

Boat: Sit and lift your legs off the floor. Rock back and forth like your moving through waves.

Airplane: Stand tall with your arm out to your side. Move around the room as if you are an airplane.

Train: Stand with a partner holding hands. Move your arms together as if you were the wheels of a train moving.



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Cognitive Development

What Rolls, Slides, or Stops on a Ramp?

Let your child experiment with different items from around the house and sort the items by whether they rolled, stopped or slide down the ramp.

Creative Activity

Car Painting

Make a ramp with cardboard with paper taped to it. Let your child dip toy cars into paint and roll them down the ramp. Use cars with different size wheels to make different marks on the paper.



Additional Activities

Dramatic Play: Set up a pretend airport for your child to pretend that they are traveling. Make an airplane out of a cardboard box and let your child use a suitcase for their pretend travels.

Car Wash Sensory: Add toothbrushes, soap, water and toy cars into a sensory bin. Let your child wash the cars using the toothbrushes. If you do not have extra toothbrushes, you can use wash clothes or sponges.

Paper Airplanes: Make paper airplanes with your child. Let them throw their paper airplanes and aim for buckets or targets that you set up.