

LEARNING AT HOME OLDER PRESCHOOLER WEEK 8

May 11th-15th



Dear Families,

We are excited to launch plans for Week 8. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Fruits and Vegetables

What is the difference between fruits and vegetables? Talk with your child about the difference between fruits and vegetables. Make a list of fruits and a list of vegetables.



Social-Emotional Development

Hot Potato

As a family, play hot potato with your child. Talk about taking turns and what happens when the music stops on them. If they get upset what can they do to calm their body.



Physical Literacy

Relay Race

Set up a relay race for your child using fruits and vegetables (real or fake). Have your child race across the yard or house bringing the fruits and vegetables from one area to another.



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Cognitive Development

Weighing Fruits and Vegetables

Give your child fruits and vegetables (real or fake) that they can use to weigh. If you have a pretend scale you can use that or make a scale using a cups (or buckets), yarn and a hanger. Have your child sort the heavier fruits and vegetables from the lighter ones.



Creative Activity

Still Life Flower Painting or Drawing

Place a flower on the table in front of your child. Give your child paint or writing materials that they can use to draw or paint the flower in front of them.



Additional Activities

Dramatic Play: Make a pretend farmer stand with your child using real or fake vegetables. Let your child pretend to sell the fruit and vegetables. Practice counting money using play money.

Sensory: Make a mud playdough with your child using 2 cups flour, 1/2 cup salt, 2 tbsp vegetable oil, 1 cup warm water, brown food coloring or dirt. Mix together all the ingredients. Let your child collect flowers that they can use to play with the playdough.

Science: Provide your child with vegetables or fruits that they can dissect and look at the insides. Let them compare the differences and similarities of all the fruits and vegetables.