

# LEARNING AT HOME YOUNG PRESCHOOLER WEEK 8

May 11th-15th



Dear Families,

We are excited to launch plans for Week 8. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Fruits and Vegetables

What is the difference between fruits and vegetables? Talk with your child about the difference between fruits and vegetables. Make a list of fruits and a list of vegetables.



## Social-Emotional Development

### Hot Potato

As a family, play hot potato with your child. Talk about taking turns and what happens when the music stops on them. If they get upset what can they do to calm their body.



## Physical Literacy

### Throw and Catch

Toss a ball with your child and have them practice catching it. Start with a larger ball and once they can catch it move to a smaller ball like a baseball.



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## Cognitive Development

### Sorting Fruits and Vegetables

Give your child fruits and vegetables (real or fake) to sort. They can sort them by category, color or shape.



## Creative Activity

### Shape Flowers

Using construction paper and scissors, have your child cut shapes out of the construction paper to make flowers out of.



## Additional Activities

Dramatic Play: Make a pretend farmer stand with your child using real or fake vegetables. Let your child pretend to sell the fruit and vegetables.

Sensory: Make a playdough with your child. Let your child use the playdough to make the letters of their name.

Sensory: Using real or fake vegetables, a tub of water and kitchen utensils, let your child make a vegetable soup.