

# LEARNING AT HOME SCHOOL AGE WEEK 9

May 18th-22nd



Dear Families,

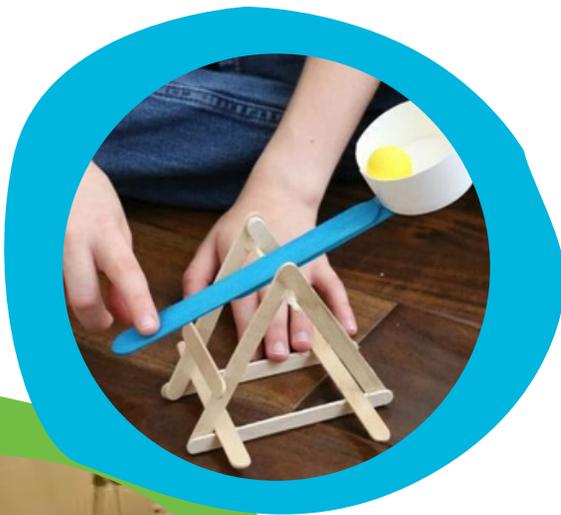
We are excited to launch plans for Week 9. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## STEAM

Science, Technology, Engineering, Art  
and Mathematics

### Catapult

Let your child use a variety of materials to make a catapult. After they make their catapult, try to launch cotton balls or pom poms to see how far they will go. Items to use: Popsicle sticks, rubber bands, plastic spoon, cups, clothespins, pencils, bottle caps



## Science Experiment

### Dancing Rice Experiment

Materials you will need are instant white rice, vinegar, baking soda, bottle or clear jar, water and food coloring. Fill the jar  $\frac{3}{4}$  with water and add food coloring. Add 1 tbsp baking soda and mix. Add  $\frac{1}{4}$  cup uncooked rice. Add 1-2 tbsp white vinegar. Watch for the reaction.



## Physical Literacy

### Freeze Dance

Have a dance party with your child. Play different types of music for them to dance to. Play freeze dance by stopping the music and having your child freeze like a statue.

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## Sensory

### Oobleck

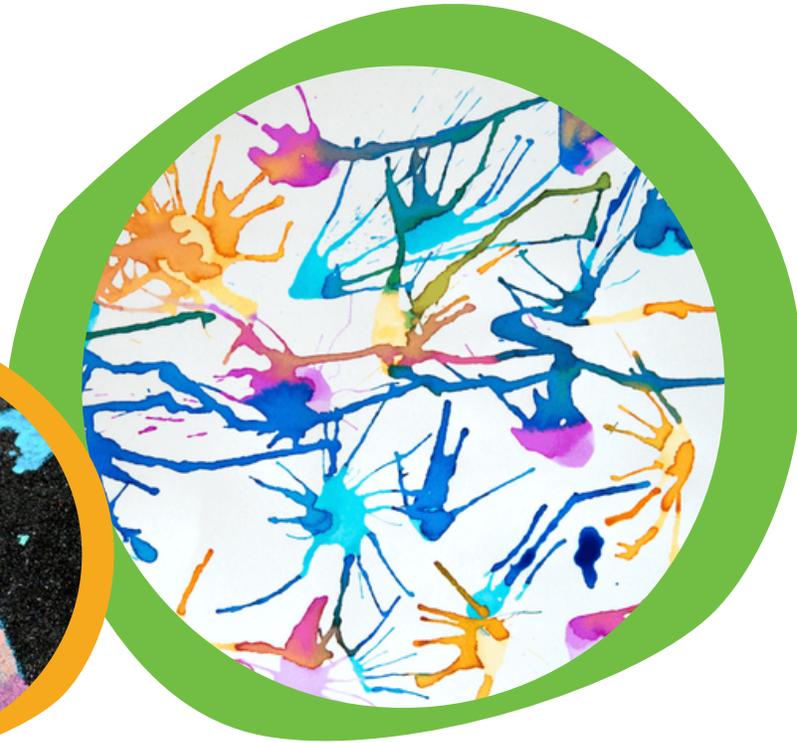
Mix together cornstarch and water until it makes a substance that is a solid when you are manipulating it and a liquid when you are not. If your solution is too watery, add more cornstarch. Add animals to the oobleck and pretend to play farm.



## Creative Activity

### Straw Painting

Use straws to paint with. You can stamp the straws to make circles, put paint down and blow the paint with the straw or use it like a paintbrush.



## Additional Activities

**Shadow Art:** Make shadow art outside using chalk. Stand to make a shadow on the ground. Let your child trace you with chalk then add features to your shadow.

**Cooking Activity:** Make a muffins with your child. Let them help measure and mix the ingredients. 2 cups flour, 3 tsp baking powder,  $\frac{1}{2}$  tsp salt,  $\frac{3}{4}$  cup white sugar, 1 egg, 1 cup milk,  $\frac{1}{4}$  cup vegetable oil. Preheat the oven to 400 degrees. Mix the flour, baking powder, salt and sugar. In a small bowl mix egg, milk and oil. Add to flour mixture and stir. Add chocolate chips or blueberries. Pour into muffin pans and bake for 25 minutes or until golden.