

LEARNING AT HOME INFANT WEEK 13

June 15th-19th



Dear Families,

We are excited to launch plans for Week 13. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Mirror Talk

With your infant, imitate any verbal sounds that they make "ba,ba", "ma,ma", "da,da". See if your child responds back to copy you. If your child is not verbal yet, look for those non verbal cues such as a smile, frowns, or even movements.



Social-Emotional Development

Book Reading

Read a book with your infant and point out the emotions of the characters or in the illustrations and mimic those expressions and name them for your infant.



Physical Literacy

Beach Ball Rolling

Roll a ball back and forth with your baby as they practice sitting up. If they are not able to sit up, encourage them to push the ball away from them during tummy time.

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Cognitive Development

Cause and Effect

Use cause and effect toys and describe your infant's expressions as they are exploring with the toys. Examples of Cause and Effect toys: Pop up toys, nesting cups, movable cars, jack in the box, ball popper.



Creative Activity

Sand Painting

Provide your infant with taste safe paint and add crushed up cheerios "sand" to add texture to it. Tape down paper and allow the infants to manipulate the paint over the paper. Point out the marks they make and ask them about their marks and what they are feeling on their fingers.

Taste safe paint recipe: Vanilla pudding, cheerios, food coloring. Make vanilla pudding according to the box. Divide it into smaller bowls for multiple colors then add food coloring. Add crushed up cheerios for texture.



Additional Activities

Outside: Bring beach balls outside and encourage your infant to push the ball back and forth with you.

Sensory: Make sea shell sensory shakers for your infant. Show them how to hold and manipulate in order to make noise and make the items inside the bottle move.

Sensory: Taste Safe "Sand". Use rice cereal or crushed up cheerios in a sensory bin or tray for your infant to manipulate with beach toys. Talk to your infant about how they can manipulate and move the "sand" with their toys and hands