

LEARNING AT HOME OLDER PRESCHOOLER WEEK 13

June 15th-19th



Dear Families,

We are excited to launch plans for Week 13. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Sea Shell Letters

Using playdough and sea shells, let your child practice making the letters of the alphabet. While they are doing this activity, talk to them about the sounds that the letters make.



Social-Emotional Development

Sense of Self

Talk with your child about their characteristics and things that they like. You can talk to them about their eye color, favorite story, favorite ice cream, hair color. While having this conversation, share your characteristics and favorites with them.



Physical Literacy

Beach Ball Toss

Practice throwing a beach ball back and forth with your child. Then try holding up a hula hoop and have your child throw a beach ball through it.

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Cognitive Development

Pool Noodle Patterns

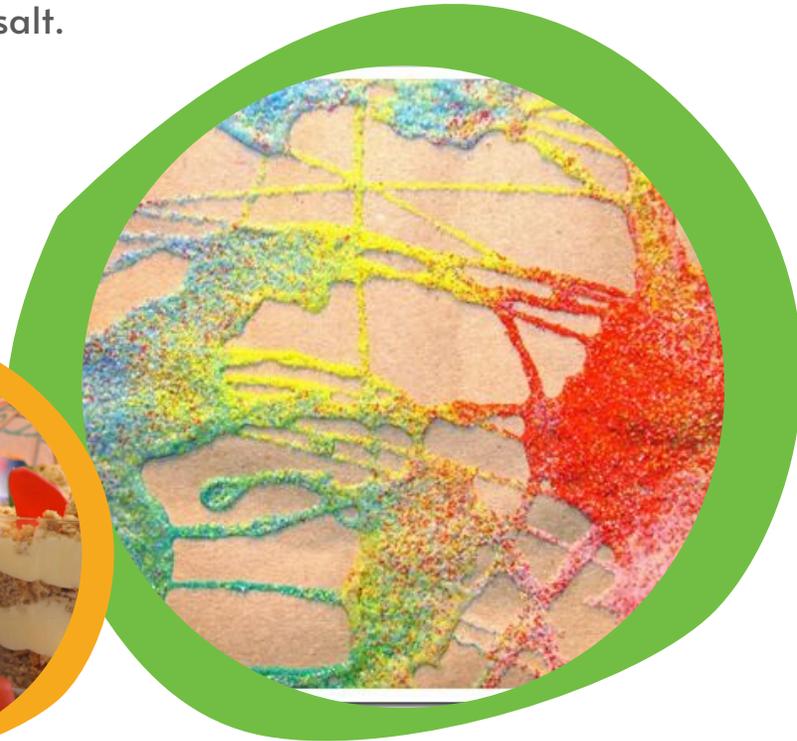
Prepare this activity by cutting up a few different colored pool noodles into round slices. Let your child use the pool noodles to make patterns. Start with a simple ABAB pattern until they understand it, then you can move to a more complex pattern ABC, AAB, AABB.



Creative Activity

Sand Art

Let your child use glue to make a design on their paper. Sprinkle colored sand onto the paper. Shake off the excess sand and let dry. Colored sand: Measure the amount of sand you want for each color and add it to a Ziploc bag. Add 3-4 drops of food coloring to each ¼ cup sand. Close the bag and shake until the sand is mixed. Lay out on a cookie sheet to dry. If you do not have sand, you can use salt.



Additional Activities

Sand Castle Experiments: Provide dry sand in a sensory bin with shovels, buckets, molds, sifters, and other sand toys. Encourage your child to use the sand toys with dry sand to build a castle. What happened? Next try wet sand. What happened? What worked better?

Sand Pudding: Make a sand pudding with your child using vanilla pudding and crushed up vanilla wafers or graham crackers.

Sandpaper Sand Castles: Make shapes (triangles, circles, squares, rectangles) out of sandpaper. Let your child use the sandpaper to build a sand castle. Then take apart and build a new design.