

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 13

June 15th-19th



Dear Families,

We are excited to launch plans for Week 13. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Beach Ball Letter Recognition

Write letters on a beach ball. Roll or toss the ball back and forth and try to have your child name the letters that their fingers land on.



Social-Emotional Development

Self Portraits

Let your child draw a picture of themselves using paper and writing materials. Talk with them after and ask them about the picture. Talk about the features they may have added to their picture. You can add a mirror for your child to look in as they draw.



Physical Literacy

Beach Volleyball

Practice bumps and serves with your child using a beach ball. Once they are able to hit the volleyball you can add a net or string. Help them learn to hit the volleyball over the net.

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Cognitive Development

Sand Castle Experiments

Provide dry sand in a sensory bin with shovels, buckets, molds, sifters, and other sand toys. Encourage your child to use the sand toys with dry sand to build a castle. What happened? Next try wet sand. What happened? What worked better?



Creative Activity

Sand Castle Collages

Provide your child with sand paper, markers, scissors, glue, and construction paper. Let them make a sand castle by cutting shapes and putting them together on paper.



Additional Activities

Beach Ball Slide Painting: Dip a beach ball in paints and roll down a butcher paper covered slide. Ask your child about the marks different size balls make.

Block Sand Castles: Encourage your child to build a sand castle using blocks or legos.

Dramatic Play Beach: Provide your child with items that they would take to the beach. Let them use the items to pretend they are at the beach. Add sand and water if you have them available.