

LEARNING AT HOME OLDER PRESCHOOLER WEEK 15

June 29th-July 3rd



Dear Families,

We are excited to launch plans for Week 15. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Camping Activities

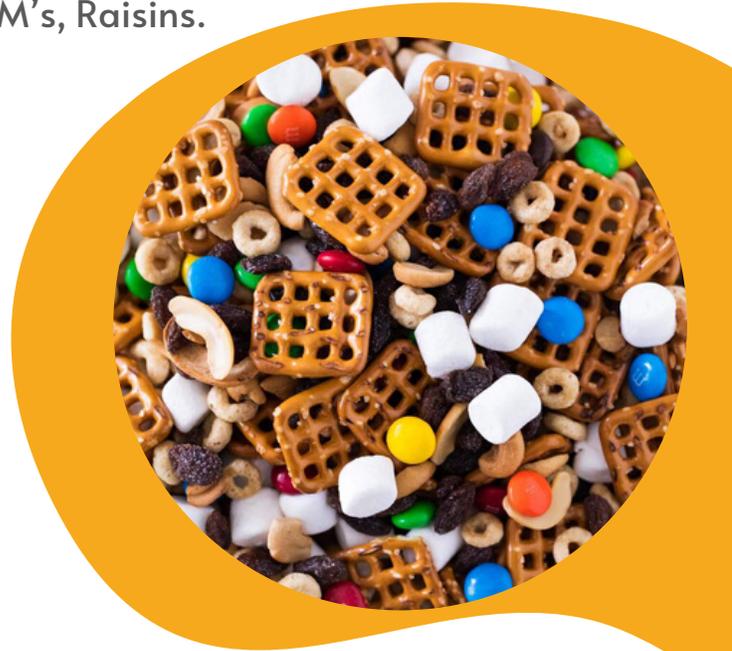
Talk with your child about what they think they can do while they are camping. If they have never been camping before, talk about how camping is outside in nature and see if they have any ideas. Make a list of the activities with your child. Have them write out their favorite activity and draw a picture to go with it.



Social-Emotional Development

Trail Mix

Make trail mix with your child using their favorite bite size snacks. Let them help you measure the ingredients and stir it around. Items that can be used for your trail mix: Cheerios, Goldfish, Pretzels, Peanuts, Cashews, M&M's, Raisins.



Physical Literacy

Kicking the Cup

Set up cups that have different letters on them. Encourage your child to kick a ball and knock over the cup. Have them identify the letter after the cup is knocked over.

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Cognitive Development

Rock Balancing

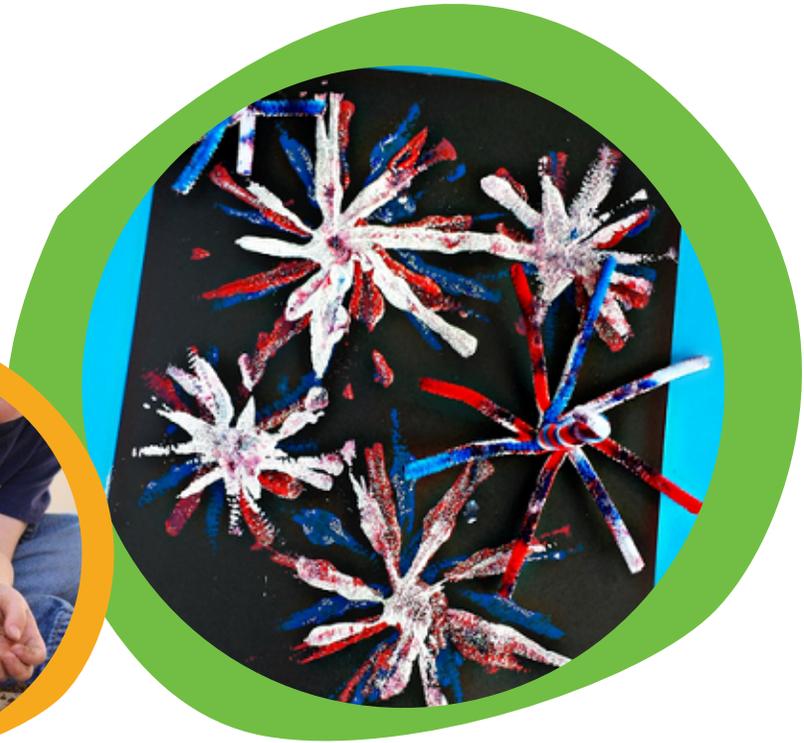
Collect different size and shape rocks for this experiment (Flat rocks work best but your child can experiment with other rocks). Using the different shape and size rocks, try to stack up as many rocks as you can to make a tower. Count how many rocks you can add before it falls over.



Creative Activity

Pipe Cleaner Fireworks

Tape a couple of pipe cleaners together and bend the ends of them in different directions. Have your child dip them in paint and press on paper to make fireworks.



Mud Olympic Activities

Mud Obstacle Course: Set up an obstacle course for your child with mud. Crawling under pool noodles, Jumping over hurdles with mud underneath, Balancing on a beam, Mud Slide, Hopping on Tree Cookies.

Mud Building: Using Foam Blocks (or easy clean blocks) and mud, let your child use the mud to stick the blocks together. You can also use rocks, bricks and other items to build with.

Mud Playdough Writing Tray: Use the mud playdough and rocks for your child to create letters in the mud. **Mud Playdough:** Make playdough with 2 cups flour, 1/2 cup salt, 2 tbsp of oil, 1 cup warm water, Food Coloring. Mix the food coloring into the water. Add all the other ingredients and mix it all together in a bowl until it starts to come together. Knead it for a few minutes and add a little flour when needed. * Try adding actual dirt to add color and texture to the playdough.