

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 15

June 29th-July 3rd



Dear Families,

We are excited to launch plans for Week 15. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Camping Activities

Talk with your child about what they think they can do while they are camping. If they have never been camping before, talk about how camping is outside in nature and see if they have any ideas. Make a list of the activities with your child. Talk about what is their favorite activity.



Social-Emotional Development

Mud Pies

Make pretend mud pies with your child. Take turns mixing the mud together, add to baking pans and "cooking" them.



Physical Literacy

Balancing Act

Place objects on one side of a string and an empty bucket on the other. Have your child move the objects from one side to throw them in the bucket. Your child has to walk on the string toe to heel trying to balance.



LEARNING AT HOME YOUNG PRESCHOOLER WEEK 15

June 29th-July 3rd



Cognitive Development

Outdoor Cooking

Using a box (pizza box would work best), cut open a square on the top to make a door. Add black construction paper to the bottom of the box and foil to the inside of the door. Add plastic wrap to the opening where you cut the door. Add a cheese inside to see if the sun will melt your cheese. Close your oven, holding the door open with a stick or skewer, place in the sun and watch the cheese melt.



Creative Activity

Luffa Fireworks Art

Using paint and luffas, let your child dip the luffa in paint and stamp it on the paper to make a firework. If you don't mind a mess, you can try this activity outside with the paper taped to a fence. Let your child throw the luffa at the paper to make the firework.



Mud Olympic Activities

Mud Obstacle Course: Set up an obstacle course for your child with mud. Crawling under pool noodles, Jumping over hurdles with mud underneath, Balancing on a beam, Mud Slide, Hopping on Tree Cookies.

Mud Bricks: Make mud bricks using an ice cube tray for your child to build with.

Mud Goop: Use Cornstarch, Water, Green and red food coloring. Mix together the water and the food coloring then add it to the cornstarch to make a goopy mud for your child to play in on a sensory tray or cookie sheet.