

LEARNING AT HOME INFANT WEEK 16

July 6th-July 10th



Dear Families,

We are excited to launch plans for Week 16. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Pick One

Put two toys in front of your infant and let them choose one to play with. Pay attention to their communication (making sounds, gestures, pointing or grabbing). Name and talk about the toy while they are playing with it to introduce them to new language. When they have finished playing with that toy, repeat the process with two new toys.



Social-Emotional Development

Baby Doll Play

Provide baby dolls and toy food for your infant to use on the floor with you. Add in baby spoons and encourage your infant to feed their baby dolls on their play picnics. Take turns feeding the babies.



Physical Literacy

Pull-Ups

Have your baby laying on their back on a soft rug or bed. Hold your infants' hands and carefully pull them up to a sitting position. If they can be in the sitting position work with them on going from a sitting position to a standing position.

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Cognitive Development

Animal Rescue

Tape animals to the wall, floor, a cardboard box or in a muffin tin using blue tape. Let your infant learn how to save their animals and get them out of the tape. Praise them when they figure out how to save the animal. This is a supervised activity, so your infant does not eat the tape.



Creative Activity

Rice Cereal Painting

Make rice cereal paint using $\frac{1}{4}$ cup rice cereal, food coloring and water. Add water gradually until the rice cereal has a paint like consistency. Add food coloring to make the paint any color you want. Let your infant explore with the paint on paper using their hands. Bring your attention to the marks they make on the paper.



Additional Activities

Camping: Put up a tent, make one out of a box or make one like a fort using a sheet for your infant to play in. You can bring toys of interest in the tent or books that you can read together.

Water Play: Fill a shallow bin or cookie sheet with water. Encourage your infant to splash in the water. Provide them with toys that are waterproof.

Exploring Outdoors: Play outside or do tummy time outside with your infant. Name and describe anything that that point to or pick up while they are outside. Use descriptive words, colors, naming objects or smells.