

LEARNING AT HOME SCHOOL AGE WEEK 16

July 6th-July 10th



Dear Families,

We are excited to launch plans for Week 16. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

STEAM

Science, Technology, Engineering, Art
and Mathematics

Circus Tent Engineering

Provide your child with a variety of materials that they can use to build a circus tent.

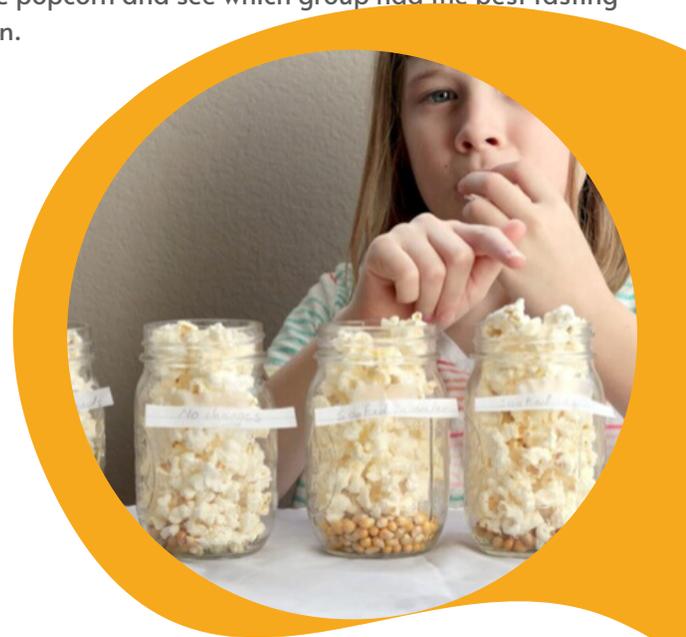
Materials that can be used: Tape, glue, newspaper, construction paper, popsicle sticks, sticks, yarn.



Science Experiment

Popcorn Experiment

You will need popcorn kernels, brown paper bags and vegetable oil. You will have four groups of kernels: controlled group-plain, soaked in water group, soaked in oil group and preheated group (preheat in microwave for 40 seconds. The soaked groups soak for an hour before doing the experiment. Use about 1/4 cup kernels for each group. Add the kernels to the brown paper bags and heat for two minutes in the microwave. Test the popcorn and see which group had the best tasting popcorn.



Physical Literacy

Circus Yoga

Ringmaster: Stand Tall with arms by your side and take a deep breath.

Seal: Lay flat on your stomach with your hands under your shoulders. Lift your chest and hold.

Tight Rope: Stand with one foot in front of the other. Hold your arms out and take deep breaths. Move your feet keeping them heel to toe.

Bear: Start on your hands and knees then move to the downward dog position. Take a deep breath then go back to hands and knees. Repeat.

Clown: Stand with your feet together, take a deep breath and move silly clown faces.



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Sensory

Big Top Circus Slime

Ingredients you will need: ½ cup glue, ½ cup liquid starch, ½ cup water, food coloring. Mix together the water and glue in a bowl until it is well combined. Add your food coloring. Mix in the liquid starch and stir well (slime start to form). Make different colors and combine to make it look like a circus tent.



Creative Activity

Clown Faces

Let your child make clown faces using a variety of materials. You can provide your child with construction paper, foam shapes, crayons, markers, pipe cleaners, paint, glue and pom poms.



Additional Activities

Elephant Tidy Up: Tape a shape on your floor and scatter small balls (ping pong or whatever you have) around the room. Using a pool noodle or a few paper towel tubes taped together, have your child use the pool noodle trunk to move the balls into the shape.

Ring Toss: Make a ring toss game using a paper towel tube and pipe cleaners. Turn the pipe cleaners into rings that your child can throw at the paper towel tube.

Circus Snack Mix: Provide your child with ingredients that they can measure and add to a snack mix to eat. Ingredients you could add are: Animal Crackers, M&M's, Peanuts (if not allergies), Fruit Loops, Marshmallows, Popcorn, Pretzels.