

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 16

July 6th-July 10th



Dear Families,

We are excited to launch plans for Week 16. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Letter Fishing

Make fish out of foam pieces and a paper clip by the tail. Add fish that have letters on them to a sensory bin or a kiddie pool. Give your child a fishing rod that they can use to catch the fish made with a stick, string and a magnet.



Social-Emotional Development

S'more Mix

Make a s'more mix snack with your child. Let your child help you measure the ingredients by taking turns and stir it around. Items that can be used to make your s'more mix: chocolate chips/chunks, mini marshmallows, golden grahams cereal, teddy grahams, graham cracker goldfish, cheerios.



Physical Literacy

Ball Game

Give your child two buckets. One with nothing, one with water and plastic balls. Have your child sit in a chair and move the balls from one bucket to the other with their feet.

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Cognitive Development

Flashlight Shadow Play

Let your child play with flashlights and watch the shadows that they could make on the wall.



Creative Activity

Animal Tracks

Provide your child with toy animals and paint. Let your child drip the animal's feet in the paint and walk them across the paper, leaving behind their footprints.



Additional Activities

Camping Tent: Build a camping tent using a variety of materials. You could use popsicle sticks, playdough, mini marshmallows, toothpicks, straws, tissues, paper towels.

Playdough Snakes: Make playdough using 2 cups flour, $\frac{1}{4}$ cup salt, 1 cup warm water, 1 $\frac{1}{2}$ tbsp oil, food coloring. Add all the ingredients together and mix. You may need additional flour for this recipe if it is too sticky. Let your child use the playdough to roll them into snakes.

Dissecting a Watermelon: Open up a watermelon and let your child explore the insides. Have your child draw what they see.