

# LEARNING AT HOME INFANT WEEK 18

July 20th-July 24th



Dear Families,

We are excited to launch plans for Week 18. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Twinkle Twinkle Little Star

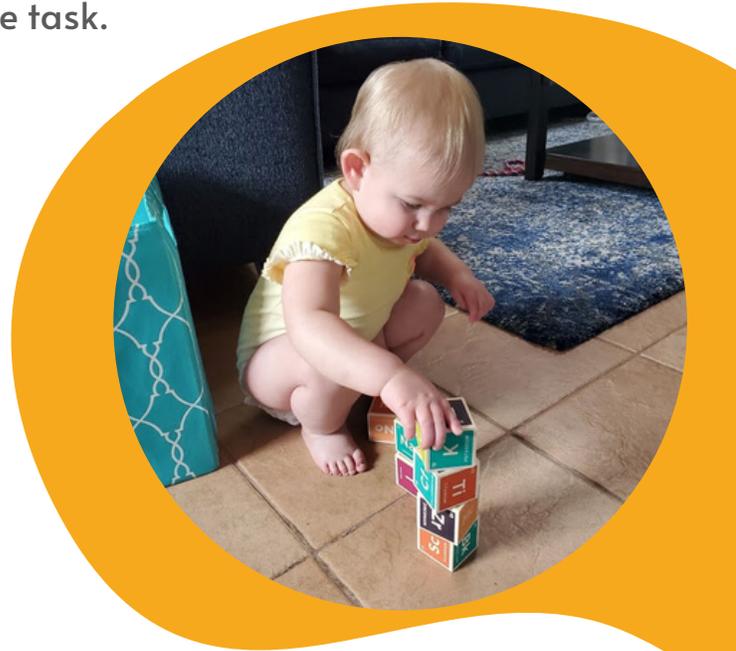
Sing Twinkle Twinkle Little Star with your infant throughout the day and during transitions. Show them pictures of stars and point to them while you say star.



## Social-Emotional Development

### Watch This

Have your infant watch you do something such as putting a block on another or putting a toy in the bucket. Encourage your infant to try the same using by telling them it is their turn. Praise them when they are able to do the task.



## Physical Literacy

### Reaching for the stars

Hang stars above your infant and encourage them to reach for the stars. If you have a tunnel at home, put the stars at one end of the tunnel and encourage your infant to crawl through to get the stars.

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## Cognitive Development

### Peek-a-Boo Board

Make a peek-a-boo board using posterboard, felt or other materials and pictures of family members. Hide the family members pictures under different flaps. Encourage your infant to find their family members.



## Creative Activity

### Starry Night Sensory Art

Tape a sheet of contact paper low to the wall or on the table/floor (sticky side outwards). Provide different textured, shapes and sizes of space items for your infant to stick on the paper. If you do not have contact paper, you can use construction paper with glue. Try out this recipe for taste safe glue:  $\frac{1}{4}$  cup flour,  $\frac{1}{4}$  cup cornstarch,  $\frac{1}{4}$  to  $\frac{1}{2}$  cup warm water. Stir mixture quickly adding water as the paste thickens.



## Additional Activities

**Crawling:** Place toys of interest in front of your infant. Encourage your infant to reach for the toys during tummy time. If your infant can crawl, place toys around the room and encourage them to go grab the items and bring them back.

**Paper Plate Star Twirler:** Let your baby paint a paper plate using dark colors such as blue, purple or black. Splatter white paint and glitter to represent stars. Once the plate is dry, cut the plate in a large spiral. Add paper stars and hang somewhere your baby can see.

**Planet Sensory:** Add food coloring to water in a sensory bin to make look like outer space. Add pitballs, sensory balls, oballs or any other ball you might have at home that is waterproof. Let your infant explore with the planet balls.