

LEARNING AT HOME OLDER TODDLER WEEK 18

July 20th-July 24th



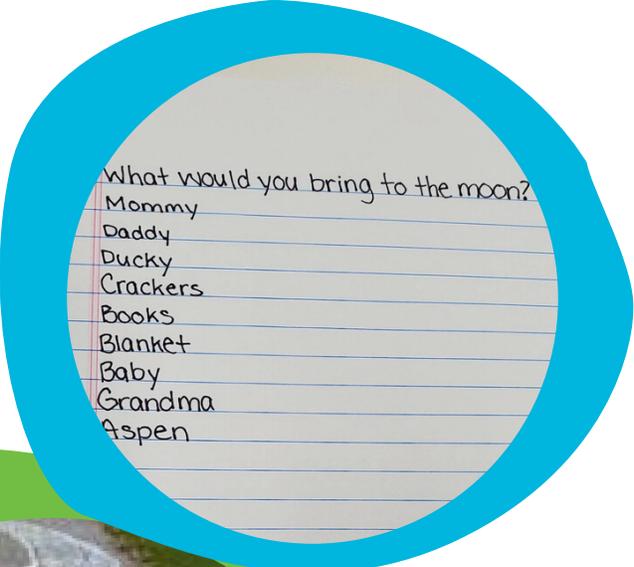
Dear Families,

We are excited to launch plans for Week 18. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

What would you bring?

Talk to your child about traveling to space. What would they want to bring with them? Write down their responses where they can see them. Share with them what you would bring to space.



What would you bring to the moon?
Mommy
Daddy
Ducky
Crackers
Books
Blanket
Baby
Grandma
Aspen

Social-Emotional Development

Space Yoga

Help your child learn to calm their body when they are upset using yoga. Here are some new yoga moves to try based on our space theme. Remind them to take deep breaths.

Shooting Star: Stand on one leg with the other leg extended behind you. Bend your torso forward and stick your arms out.

Comet: Sit on your heels and bring your forehead to your knees. Place your hands out in front of you.

Moon: Stand tall with your arms above you. Slowly move from side to side.



Physical Literacy

Rocket Hopscotch

Draw a hopscotch path on your driveway or sidewalk and make it look like a rocketship. Let your child hop through practicing their jumping and balancing skills.



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Cognitive Development

Counting Sun Rays

Provide your child with a construction paper circle and strips of paper for them to use as the sun rays. Help your toddler count the sun rays as they put them around the circle. You can add a paper dice as well so they can roll the dice and add that many sun rays.



Creative Activity

Bubble Painting Planets

Mix bubble solution with food coloring to make colored bubbles. Help your child trace different sized circles and cut them out of a light-colored construction paper. Let your child blow the colored bubbles at the circle planets. Once they are dry, glue your circle planets onto a dark piece of construction paper.



Additional Activities

Telescope: Make a telescope out of a paper towel tube and art materials. Bring your telescope outside with you at night to look up at the sky. Talk to your child about what they see.

Night Sky: Provide your child with dark colored paints, construction paper, glitter and construction paper star shapes. Let your child paint the paper with the dark colored paints and sprinkle glitter. Once it is dry, add the construction paper stars with glue.

Star Matching: Make construction paper stars in different colors and sizes. Have your child match the stars together by color and size.