

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 18

July 20th-July 24th



Dear Families,

We are excited to launch plans for Week 18. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

What would you bring?

Talk to your child about traveling to space.

What would they want to bring with them?

Help your child write what they would bring and draw a picture of it. If there is more than one item they want to bring, have them make multiple pages and make a book.



Social-Emotional Development

Hydroponic Garden

You will need a soda bottle, potting soil, yarn, screwdriver and hammer. With your child, cut the bottle in half. Put the screwdriver on the cap and use the hammer to make a hole in the top. Cut the yarn and make a knot on the end and pull it through the hole in the cap. Add water to the bottom of the bottle. Put the cap on the top of the bottle and put the bottle upside down into the bottom of the bottle. Add soil, plant seeds and water it the first time. The garden should water itself using the water on the bottom.



Physical Literacy

Moon Crater Toss

Put a posterboard on a wall or the side of your house. On a dark posterboard or large paper, make a large circle with shaving cream and smooth it out. Let your child crumple up aluminum foil to use as asteroids. Let your child throw the asteroid at the circle moon. If they hit the circle, talk about the mark that got left behind.



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Cognitive Development

Crystal Stars

This is an activity that must be supervised. You will need borax, water, pipe cleaners, yarn, popsicle stick and a clear jar or cup. Bend the pipe cleaner into the shape of a star twisting the ends together to make the shape. Cut off extra pipe cleaner. Tie the yarn to the star and the popsicle stick (one on each end). Add the star to the jar. Mix together two cups of boiling water and ½ cup of borax. Mix until the borax is dissolved. Add to the jar with the star. Leave for 6 hours and come back to see crystals. Talk to your child about what happened to the pipe cleaner.



Creative Activity

Draw like an astronaut

Tape a piece of paper under a table (big enough for your child to lay under). Let your child lay under the table like there is no gravity and use crayons and markers to decorate their paper.



Additional Activities

Galaxy Stew: In a sensory bin add glitter, ice, and water. Let your child use ladles and bowls to mix around the stew and pretend to serve it to others. You can use fun shaped ice cubes such as stars or moons.

Counting Stars: Using glow in the dark stars, let your child practice counting the stars. Let your child sort the stars by size and count again to see how many they have in each size. If you do not have glow in the dark stars, you can make stars with construction paper.

Galaxy Oobleck: Mix together 1 cup cornstarch, ½ cup water, food coloring and glitter.