

# LEARNING AT HOME YOUNG TODDLER WEEK 20

August 3rd-August 7th



Dear Families,

We are excited to launch plans for Week 20. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Color Matching Dinosaurs

Make dinosaurs and dinosaur eggs out of construction paper (one of each color). Let your child match the dinosaurs to the correct color egg. During this activity talk to your child about the colors that they are matching. Encourage them to say the color and point to it.



## Social-Emotional Development

### Dinosaur Yoga

Help your child learn to calm their body by doing dinosaur yoga. Remind your child to take deep breaths.

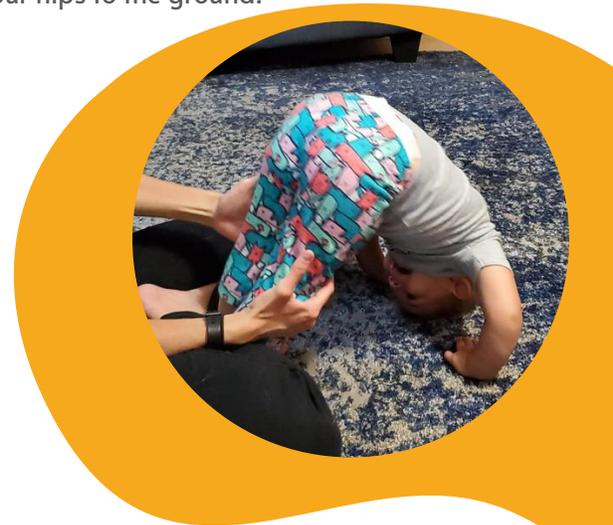
**Pterodactyl:** Put your arms out and pretend to fly like a pterodactyl.

**Dinosaur Roar:** Be on your hands and knees. Stretch out and roar like a dinosaur.

**Dinosaur Egg:** Sit on your knees and stretch your arms out on the ground in front of you.

**Dinosaur Feet:** Stand tall with your feet apart and arms out. Stretch over your body and have your hand touch the opposite leg (left hand touch right foot). Repeat on both sides.

**Brachiosaurs:** Start in a plank position. Stretch your chest out and lower your hips to the ground.



## Physical Literacy

### Dinosaur Toss

On your sidewalk or driveway, make circles in a row that will be the targets. Add numbers and pictures of dinosaurs to the circle. Provide your child with bean bags, rolled up rocks or rocks to toss at the dinosaur targets.



# LEARNING AT HOME YOUNG TODDLER WEEK 20

August 3rd-August 7th



## Cognitive Development

### Counting Dinosaur Eggs

Have your child make dinosaur eggs out of playdough by rolling the playdough into balls. With your child. Count how many dinosaur eggs that they made.



## Creative Activity

### Dinosaur Foot Stamps

Provide your child with paint, construction paper and toy dinosaurs or other animals. Let your toddler stamp the animal feet in paint and stomp them along their paper leaving footprints.



## Additional Activities

**Dinosaur Bone Scavenger Hunt:** Make dinosaur bones out of construction paper, foam or felt. Hide them around your yard or house for your toddler to find.

**Dinosaur Sticky Mud:** Make sticky mud by mixing together 1 cup cornstarch, 1/2 cup water and green & red food coloring. Add dinosaurs and other animals to the sticky mud for your toddler to use.

**Dirt and Water Painting:** Mix together dirt and water and give it to your toddler to paint with. You can have them paint on paper, a fence outside or even the driveway.