

LEARNING AT HOME SCHOOL AGE WEEK 21

August 10th-August 14th



Dear Families,

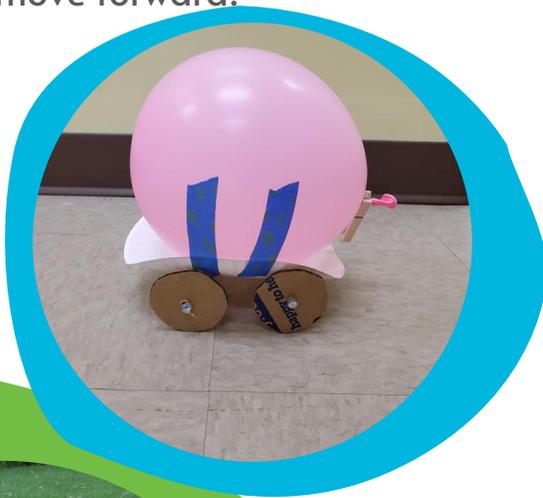
We are excited to launch plans for Week 21. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

STEAM

**Science, Technology, Engineering, Art
and Mathematics**

Balloon Cars

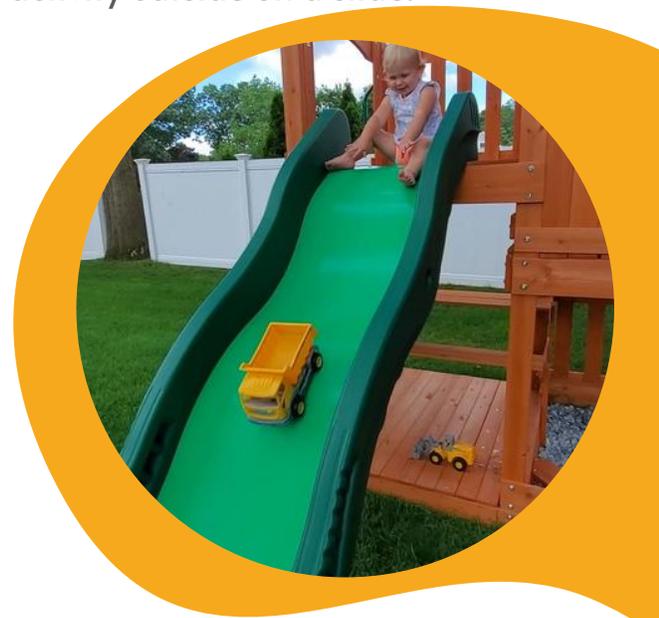
Let your child create a car out of paper plates, cardboard, straws (pipe cleaners or dowels with work too), tape or any other materials they want to use. Blow up a balloon and attach it to the car without letting the air out. Release the balloon and watch the car move forward.



Science Experiment

Heavyweight Racetrack

Set up a racing ramp using a hot wheels track or cardboard boxes to make a ramp. Ask your child what they think will go farther, the car itself or the car being weighted down by some coins on top. Have your child test out both ideas, marking where the car lands with blue tape. You can also do this activity outside on a slide.



Physical Literacy

Gallop Races

Have your child run a relay race while galloping like a horse. You can have races as a family, add pool noodle horses, or add water games while galloping. Pool Noodle Horse: Bend the top part of the noodle and tie with string to make the horse's head. Add googly eyes and hair using felt or yarn.



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Sensory

Car Wash

Let your child put their cars in a sensory bin with water, soap and a sponge. Have them wash their cars until they are clean and rinse them with water.



Creative Activity

Tube Car

Make a tube car out of a paper towel tube, construction paper and/or paint. Cut the paper towel tube in half to make your car smaller. Cut a large rectangle out of the top of the paper towel tube (leaving half to flip up). Let your child paint their car. Once it is dry add construction paper details like wheels, numbers or stripes. They can also use other recycled materials such as bottle caps.



Additional Activities

Car Sorting: Have your child sort their cars by color. After they sort them, count how many they have of each color. You can also have them sort them by type of car or by their features.

Map: Provide your child with a large piece of paper that they can use to make a road map on. Have them draw roads, houses, trees, stores, restaurants and anything else you might see in your neighborhood. Let your child use their pretend cars to drive through their neighborhood when they are done.

Racing Game: Create a racing board game with your child. Come up with the style of game board you want, rules to your game, cards, board pieces and anything else you might want to add. Once it is complete, play the game together as a family.