

# LEARNING AT HOME YOUNG TODDLER WEEK 22

August 17th-August 21st



Dear Families,

We are excited to launch plans for Week 22. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

Let's go to the Zoo

Sing the song "Let's go to the Zoo" Song:

Let's go to the zoo, and waddle like the penguins do. (sing twice). Repeat with other animals and do the movements.

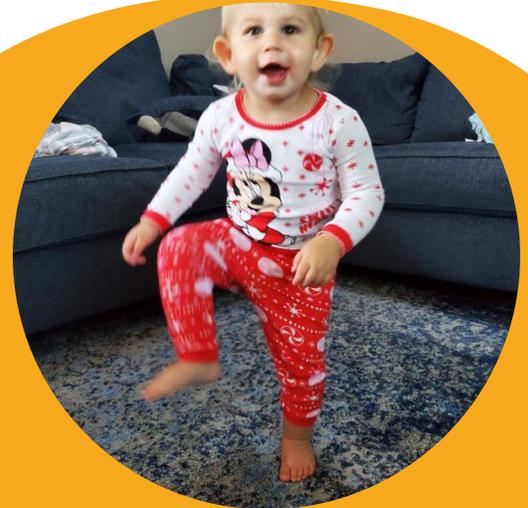
Elephant- Stomp, Monkey-swing, Lion-roar, Snake- slither, Kangaroo- Jump, Polar Bears- Swim



## Social-Emotional Development

Self-Regulation Workout

Teach your toddler ways that they can calm their bodies when they are upset using animals. Have them act like the animal for 45 seconds. If they are still upset, have them rest for 15 seconds and then try again with another animal. Animal Movements: Frog- Hop up and down, Bear- walk on your hands and feet with your butt in the air, Gorilla- Low sumo squat with hands on the ground for balance, Cheetah- Run as fast as you can in place, Elephant- Stomp your feet.



## Physical Literacy

Red Light Green Light Zoo Animals  
Play Red light, Green light with your toddler. Encourage them to act like a different animal each time you say green light. Use different animal movements such as run like a cheetah or hop like a kangaroo.



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## Cognitive Development

### Zoo Animal Rescue Game

Put animals on the bottom of a basket. Pull string through the holes in the basket to make a trap. Encourage your child to reach into the basket to save the animals.



## Creative Activity

### Bird Painting

Provide your child with paint, feathers and paper. Let your child use the feather as a paint brush to paint a bird. Once the paint is dry, add feathers to their bird art.



## Additional Activities

**Playdough:** Make Kool-Aid playdough with your child. Provide them with feathers that they can use to make birds that they might find at the zoo. Kool-Aid Playdough Recipe: You will need 2 cups flour,  $\frac{1}{4}$  cup salt,  $\frac{1}{2}$  cup warm water, 1 tbs oil, 1 packet of Kool-Aid. Mix together until a dough forms.

**Animal Cookie Cutter Prints:** Provide your child with animal cookie cutters and paint. Let them dip the cookie cutters in the paint and make animal prints on paper.

**Sorting Animals:** Using animals or pictures of animals, have your toddler sort them by type of animal or where we might find them.