

LEARNING AT HOME OLDER PRESCHOOLER WEEK 23

August 24th-August 28th



Dear Families,

We are excited to launch plans for Week 23. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

All About Me Book

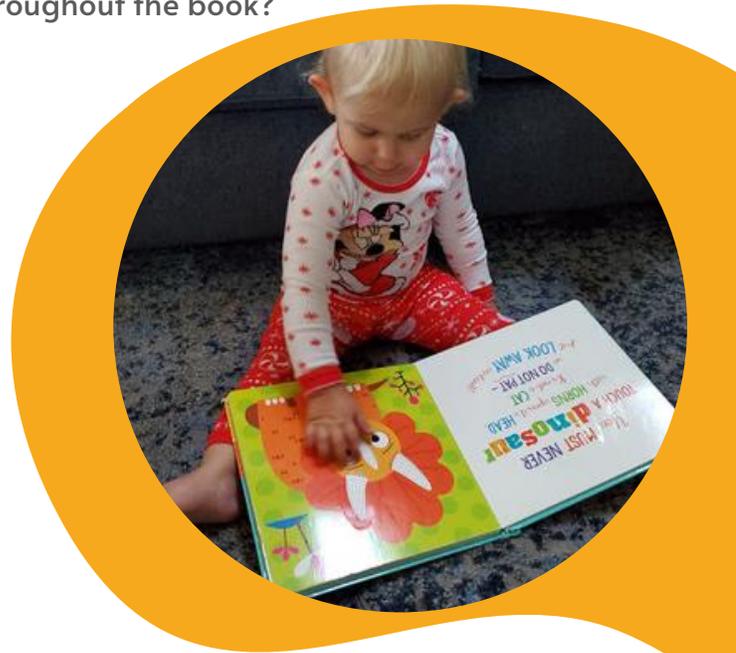
Make a book with your child that is all about them. Have them write about their name, age, likes, dislikes, favorite toy, family and add a self-portrait.



Social-Emotional Development

Book Predictions

Look at a book with your child. Look at the pictures before you read and talk about what they think might happen in the book based on the pictures. Read the book together and see if your predictions of the story were correct. Talk about the characters emotions in the story. How were they feeling throughout the book?



Physical Literacy

Body Part Bubble Pop

Blow bubbles for your child and have them pop the bubbles using different parts of their body. Have them pop the bubbles with different body parts such as their head, feet, toes, fingers, hands, arms, elbows and knees.

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Cognitive Development

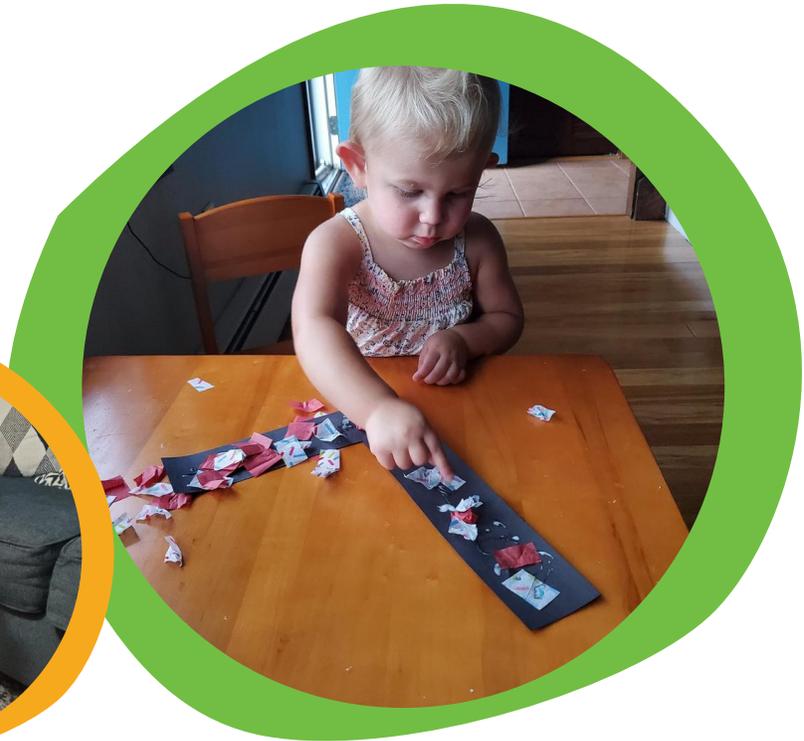
What's in the box?

Use an empty tissue box and different toys or items such as cotton balls, Q-tips or pom poms for this activity. Put a toy into the tissue box, without looking, have your child put their hand in the box and try to figure out what the item is.

Creative Activity

First Initial Collage

Provide your child with magazines, tissue paper, and construction paper pieces and scissors that they can cut out things to use. Have them use the items they cut out to make a collage of the first letter of their name.



Additional Activities

House Building: Have your child build a house using blocks, legos or other building materials. Let them play with toy people and pretend to live in the house.

Music: Sing songs with your children such as "If your happy and you know it" or "Head, Shoulders, Knees and Toes". Have your child do the movements to the song as they sing.

Instruments: Play instruments with your children. You can have a musical instrument parade with your child in your yard. Have them march around the yard or down the sidewalk.