

LEARNING AT HOME YOUNG TODDLER WEEK 23

August 24th-August 28th



Dear Families,

We are excited to launch plans for Week 23. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Popping Bubbles

Blow bubbles for your child and have them pop the bubbles using different parts of their body. Help them learn the name of different body parts such as their head, feet, toes, fingers, hands, arms, elbows and knees.



Social-Emotional Development

Cooking

Play restaurant with your toddler and have them pretend to cook food for you. Take turns cooking the food and eating it. Practice turn taking and manners while playing restaurant.



Physical Literacy

Dancing with Scarves

Give your toddler dancing scarves or steamers. Turn on music and let your toddler dance around the room moving their scarves.

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Cognitive Development

Textured Sensory

Add textured items to a bin that your toddler can explore with. You can add bubble wrap, sandpaper, felt, rocks and other textured items to the bin. Talk with your toddler about what textures they feel and give them descriptive words to use.



Creative Activity

Textured Collage

Provide your toddler with textured items that they can glue on paper or add to contact paper. Cut large pieces of textured items such as bubble wrap, sandpaper, felt, foam, and other textured items. Let your toddler add the textured items to their paper to make a collage.



Additional Activities

Follow the Leader: Play follow the leader with your toddler. Encourage them to practice walking, running, hopping, skipping, and jumping around the yard. You can also work on climbing skills if you have play structures or stairs they can climb.

Playdough: Make Kool-Aid playdough with your child using 2 cups flour, $\frac{1}{4}$ cup salt, $\frac{1}{2}$ cup warm water, 1 packet of Kool-Aid, 1 tbsp oil. Mix together until a dough forms. Talk about the smell and color of the playdough. Provide them with playdough tools and cookie cutters for exploration.

Body Drawing: Have your toddler lay down on a large piece of paper or the driveway. Trace your toddler with a pencil or chalk. Let them get up and decorate their outline.