LEARNING AT HOME INFANT WEEK 2
December 7th- December 11th

Educational Playcare
Childcare and Schools for Young Children

Dear Families,

We are excited to launch plans for Week I. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Tummy Time Talk

During tummy time, provide your infant with toys (toy animals if you have them). Lay on the ground with your infant, talk about the toys as they explore them. Point out colors, names of animals and encourage your infant to babble back.

Social-Emotional Development

Mirror Play

Prop or hold a mirror in front of your infant (they will think there is another baby). Point out their facial reactions in the mirror as you talk to them. Let them create interactions with the mirror using different sounds and babbling.

Physical Literacy

Crawling Practice

Encourage your infant to start crawling by putting toys of interest in front of them. Keep them a little out of reach to encourage them to move in order to get the toy.

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Cognitive Development

Stacking Cups or Blocks
Provide the children with stacking cups or blocks. Encourage your infant to stack the cups or blocks together to make a tower.

Creative Activity

Cub Paw Prints
Provide your infant with paper and stamp pads (or taste safe paint). Let your infant stick their hands on the stamp pad or paint and make prints on the paper. Point out the marks that they leave on the paper.

Additonal Activities

<u>Feeding bears</u>: Give your infant small bowls, spoons, and a teddy bear. Encourage your infant to pretend to feed the bear. Read the story, Goldilocks and the three bears while they play if you have it.

<u>Music</u>: Explore musical instruments with your infant. Give them instruments that they can grip and encourage them to shake the instrument to make music.