

# LEARNING AT HOME OLDER TODDLER WEEK 8

January 18th- January 22nd



Dear Families,

We are excited to launch plans for Week 8. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Book Reading

Read a book about animals with your child. During the reading, talk to your child about the animals that are in the story. Point to the animals and have your child name the animals.



## Social-Emotional Development

### Waddle like the Leader

Take turns being the leader and waddling like a penguin around the room or outside. Verbalize to your toddler when it is their turn and when it is yours.



## Physical Literacy

### Act like an Animal

Tape pictures of different animals to a small box. Have your child roll the dice and then act like an animal. Animal Movements: waddle like a penguin, bear walk like a polar bear, balance a ball like a seal, and hop like an arctic hare.

# LEARNING AT HOME OLDER TODDLER WEEK 8

January 18th- January 22nd



## Cognitive Development

### Ice Fishing

In a tub of water, add ice and pretend fish with numbers. Encourage your child to try to catch the fish using a fishing pole or their hands like a polar bear. Have your child identify the numbers on the fish.

## Creative Activity

### Wax Resist Watercolor Art

Provide your child with white paper and a white crayon. Have your child draw on the paper with the white crayon. Then let them paint over the white crayon with watercolors or colored water.



## Additional Activities

**Mr. Polar Bear Says:** Have your child stretch and do silly movements like Simon says.

**Animals in the Snow:** Make a snow playdough with your child. Provide them with the playdough and animals. Encourage them to make animal prints in the playdough. Snow Dough Recipe: 1 cup white conditioner and 1 cup cornstarch. Mix the ingredients together to make a dough.

**Chalk Drawing:** Provide your child with dark paper and chalk. Let your child draw with the chalk. Bring their attention to the marks they leave on the paper.