

LEARNING AT HOME YOUNG TODDLER WEEK 8

January 18th- January 22nd



Dear Families,

We are excited to launch plans for Week 8. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Polar Animal Shape Hop

Print out pictures of different polar animals and put them on the ground for your toddler to jump on. When your toddler jumps on the animal, encourage them to try to name the animal.



Social-Emotional Development

Waddle like the Leader

Take turns being the leader and waddling like a penguin around the room or outside. Verbalize to your toddler when it is their turn and when it is yours.



Physical Literacy

Penguin Bowling

Make penguin bowling pins with your toddler (see additional activities). Set up the pins and let your toddler practice rolling a ball to knock over the pins.

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Cognitive Development

Peek-A-Boo Board

Create a peek-a-boo board using pictures of polar animals and some material (felt, fabric, paper). Tape the pictures to a cardboard or posterboard. Tape the top of the material over the picture to hide it. Encourage your toddler to grip the material and lift to reveal the picture.



Creative Activity

Crayon Exploration

Provide your toddler with crayons and paper. Let your toddler explore and draw with crayons. Point out the marks they leave on the paper with the crayons.



Additional Activities

Penguin Bowling Pins: Make penguin bowling pins with your toddler by adding black paper or paint to an empty water bottle. Add a felt or paper beak, googly eyes and a white paper tummy.

Two-Piece Puzzles: Make two-piece puzzles using polar animal pictures. Let your toddler explore with the picture pieces and try to put them together. You can have an extra picture for your toddler to use as a reference.

Moose Antlers: Make a moose antler headband with your toddler using large paper and their paper handprints. Let your toddler wear the antler headband and pretend to be a moose.