

# LEARNING AT HOME SCHOOLAGE WEEK 7

January 11th- January 15th



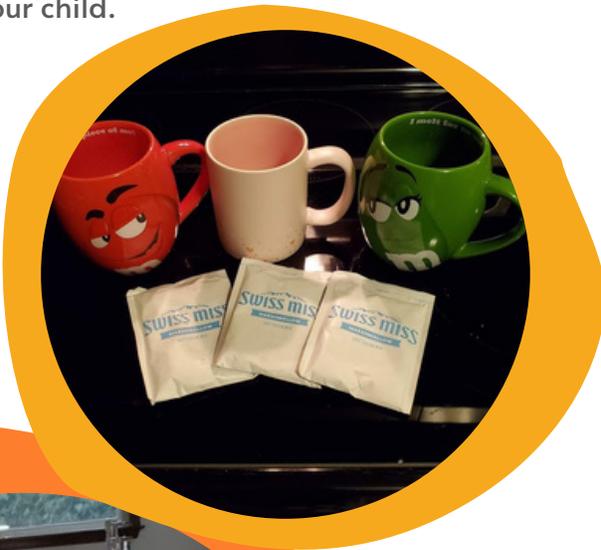
Dear Families,

We are excited to launch plans for Week 7. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## STEAM

### Hot Chocolate STEAM Experiment

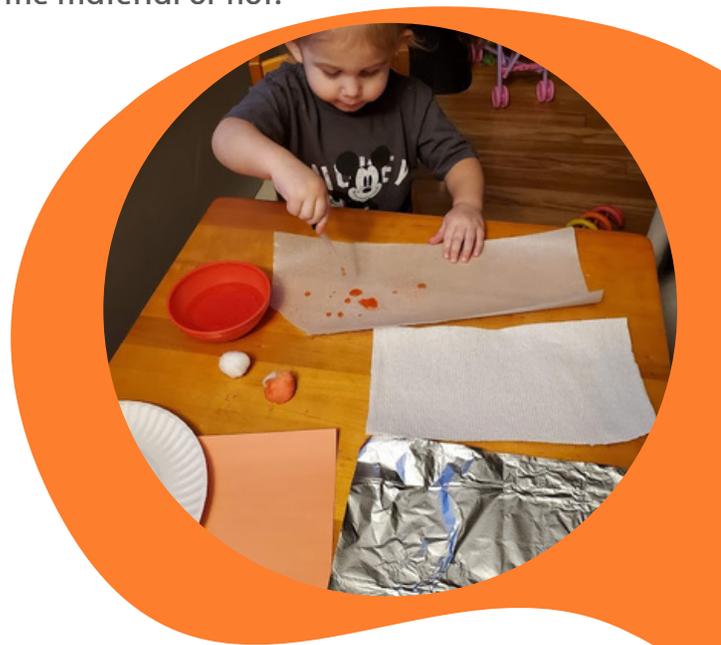
You will need: 3 packets of hot chocolate, 3 mugs, ice cold water, warm water, hot water, and a timer for this experiment. Have your child predict what temperature water will dissolve the hot chocolate the fastest. Add the hot chocolate to the mugs as well as the water. Start the timer and stir the hot chocolate. Talk about the results and why they think it happened that way. \*Make sure the hot water is not too hot that it will burn your child.



## Science

### Water Absorption

Provide your child with colored water, eye droppers and a variety of materials (construction paper, Styrofoam, wax paper, paper towel, saran wrap, cotton balls, aluminum foil, napkin). Let your child take drops of water and put them on one of the materials. Talk about whether the water is absorbed into the material or not.



## Physical Literacy

### Snow Shovel Race

On one side of the room set up a bucket. On the other side of the room put out white pom poms or cotton balls and plastic spoons. Have your child scoop up a snowball and bring it over to put it in the bucket.



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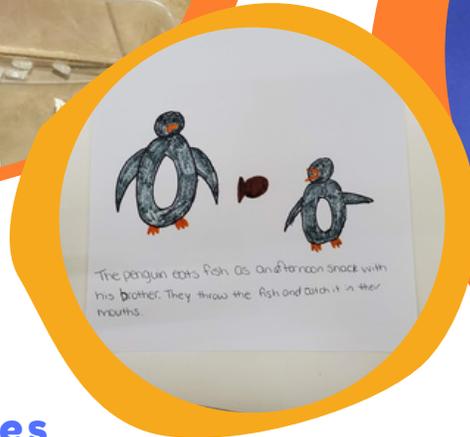
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## Sensory

### Ice Fishing

In a tub of water, add ice and pretend fish with letters. Encourage your child to try to catch the fish using a fishing pole or their hands like a polar bear. Have your child identify the letters on the fish.



## Creative Activity

### Mosaic Polar Animals

Have your child cut out construction paper into small pieces. Let your child use glue and the small pieces of paper to create a polar animal on their paper. Encourage them to write the name of the polar animal they create on the bottom of their art.



## Additional Activities

**Polar Animal Adventure:** With your child, work together to make a story about a polar animal. Take turns creating an adventure that the animal went on. Write down your child's words and let them create pictures to go with the writing.

**Ice Castles:** Make different sized ice using small containers, ice cube trays and a cookie sheet. Once the ice is frozen, let your child explore with the ice and build an ice castle.