

LEARNING AT HOME YOUNG PRESCHOOLER WEEK 7

January 11th- January 15th



Dear Families,

We are excited to launch plans for Week 7. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Block Letters

Provide your child with blocks and encourage them to make letters with the blocks. Encourage them to make the letters of their name or just make letters.



Social-Emotional Development

Polar Animal Matching Game

Print out picture (or draw pictures) of polar animals to use for a memory match game. Set up and play memory match with your child taking turns flipping over the animals to match them.



Physical Literacy

Winter Sport

Let your child pick their favorite winter sport. Encourage try the sport out in the house or outside in the yard.



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Cognitive Development

Feed the Penguin

Make a penguin with your child using a recycled box or container. Provide your child with the penguin, number fish, shape fish or letter fish (fish with letters, numbers, or shapes on them) and tweezers. Let your child feed the penguin the fish using the tweezers. Work on number recognition by talking about the numbers they are feeding the penguin.

Creative Activity

Penguin Collages

Provide your child with black and white art materials. Let your child make a collage using the items. Suggested Art Materials: Paper, felt, feathers, foam sheets, pipe cleaners, colored popsicle sticks.



Additional Activities

Sock Puppet Seal: Provide your child with a sock and art materials. Let the children create a seal with the sock that they can use as a puppet.

Will it Slide: Talk about how penguins slide on their bellies. Set up a ramp that your child can use. Have your child gather items from around the house that they can try to slide down the ramp.

Waddle like a Penguin: Show your child how to waddle around like a penguin. Put on music for your child and encourage them to waddle around until the music stops.