

# LEARNING AT HOME YOUNG PRESCHOOLER WEEK 10

February 1st- February 5th



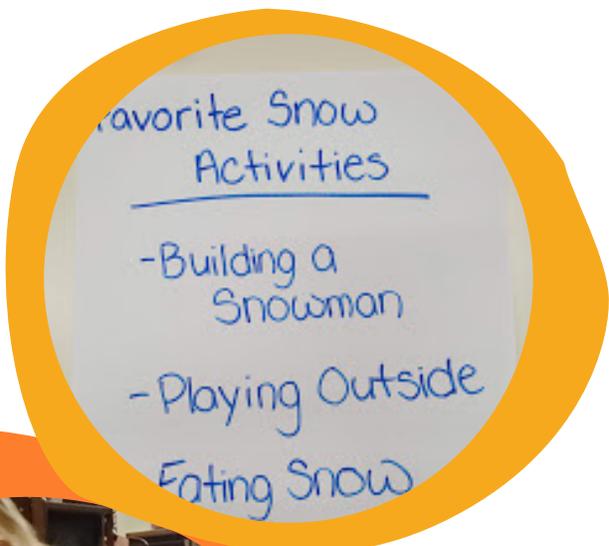
Dear Families,

We are excited to launch plans for Week 10. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Snow Activities

Talk to your child about what their favorite snow activities are. Do they like to go sledding? Do they like building a snowman?



Favorite Snow  
Activities

- Building a Snowman
- Playing Outside
- Eating Snow

## Social-Emotional Development

### Pretend Bakery

Make playdough with your child. Have them help you measure and mix the ingredients. Once the playdough is made, pretend to run a bakery making items out of the playdough (cupcakes, cakes, muffins, donuts). Work together to create the treats as well as pretend to sell them. Edible Sweet Playdough: 1 cup frosting, 1 cup powdered sugar. Mix the ingredients together until a playdough forms. (You may need additional powdered sugar)



## Physical Literacy

### Ice Skating

Put on some music and pretend to ice skate around your house with your toddler in your slippers. If your slippers are not slippery, you can use socks or put little sheets of wax paper under your feet.



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## Cognitive Development

### Counting Snowman

Provide your child with blocks that have snowballs on them (white circles) and blocks that have hats with numbers. Have your child look at the number on the hat and build their snowman with that many snowballs.

## Creative Activity

### Snowstorm Art

Provide your child with paper and paint (white, blue and purple). Let your child drip the paint on their paper and spread it around with their fingers or a paintbrush creating a snowstorm.



## Additional Activities

**Outside:** Get your child outside to play on a nice day. Bundle them up and let them enjoy being outside. If there is snow, build a snowman, build a snow fort, or go sledding.

**Snow Kitchen:** Provide your child with a bin of snow and add in kitchen utensils. Let them pretend to cook recipes using the snow.

**Fake Snow Writing Tray:** Make a fake snow writing tray using 1 cup shaving cream and 1/2 cup cornstarch. Mix the ingredients together to make a fake snow they spread it out on a cookie sheet. Let your child practice writing letters, their name, or simple words with a paintbrush.