

LEARNING AT HOME OLDER PRESCHOOLER WEEK 10

February 1st- February 5th



Dear Families,

We are excited to launch plans for Week 10. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Snowman Names

Provide your child with white paper, a circle shape to trace, writing materials and scissors. Let your child trace and cut out circle shapes (enough for the letters in their name). Have them write each letter of their name on a "snowball" and glue them all together to make a name snowman.



Social-Emotional Development

Pretend Bakery

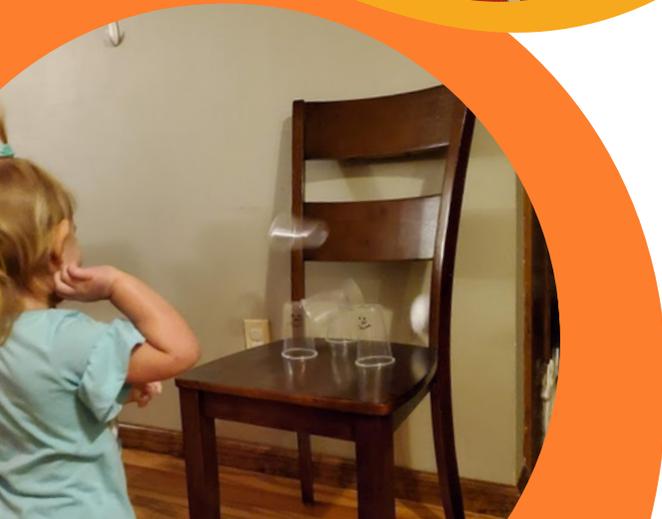
Make playdough with your child. Have them help you measure and mix the ingredients. Once the playdough is made, pretend to run a bakery making items out of the playdough (cupcakes, cakes, muffins, donuts). Work together to create the treats as well as pretend to sell them. Edible Sweet Playdough: 1 cup frosting, 1 cup powdered sugar. Mix the ingredients together until a playdough forms. (You may need additional powdered sugar)



Physical Literacy

Snowman Knock down

Draw a snowman face on 6 plastic cups. Build a pyramid with the snowman cups on a table or chair. Let your child practice their throwing skills by throwing a snowball to try to knock over the snowmen.



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Cognitive Development

Snowman Sequencing

Provide your child with snowmen of different sizes. Have your child line up the snowman from largest to smallest or smallest to largest.



Creative Activity

Ice Skating Creations

Provide your child with paint and aluminum foil. Let your child dip their fingers into the paint and skate them on the paper to create a design.

*Adding a little glue to the paint will help it stick to the aluminum foil.



Additional Activities

Outside: Get your child outside to play on a nice day. Bundle them up and let them enjoy being outside. If there is snow, build a snowman, build a snow fort, or go sledding.

Ice Luge: Create an ice luge by freezing a cookie sheet of water. Let your child explore with sending toys down the luge or melting it with salt water and eye droppers.

Fake Snow Writing Tray: Make a fake snow writing tray using 1 cup shaving cream and 1/2 cup cornstarch. Mix the ingredients together to make a fake snow they spread it out on a cookie sheet. Let your child practice writing letters, their name, or simple words with a paintbrush.