

LEARNING AT HOME OLDER PRESCHOOLER WEEK 9

January 25th- January 29th



Dear Families,

We are excited to launch plans for Week 9. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

Language Development

Snow Talk

Ask your child what they know about snow. Make a list with your child of things that you can do in the snow. If there is snow outside, go outside and do some of these together.

What can you do in the snow?

- Build a snowman
- Throw snowballs
- Build a fort
- Sled ding
- Snow Angels

Social-Emotional Development

Games

Play games with your child. Promote turn taking and learning how to self-regulate when they do not win. You can play physical games or board games with your child.



Physical Literacy

Snowball Toss

Provide your child with fake snowballs (rolled socks or crumbled paper works as well). Set up a target or a bucket for them to practice throwing the snowball.

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Cognitive Development

Searching for Shapes

Have your child search for shapes in the environment, outside or in a book. Talk about the shapes that they found and the items that were the different shapes.



Creative Activity

Driving in the Snow

Provide the children with white paint, colored paper and cars. Let your child dip their car in the white paint and drive the car on their paper leaving the paint marks behind.



Additional Activities

Weather Observations: Provide your child with paper and writing materials. Have your child observe and document the weather. Help them sound out the words to add to their observations.

Oobleck: Mix cornstarch and water to make oobleck. Let your child explore with the oobleck using additional toys.