

# LEARNING AT HOME YOUNG TODDLER WEEK 10

February 1st- February 5th



Dear Families,

We are excited to launch plans for Week 10. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## Language Development

### Painting Snow

Provide your toddler with snow, a paintbrush, and watercolor paint (or colored water). Let your toddler paint the snow. Talk to them about the colors they are using as they paint. You can even give them the primary colors and let them mix the colors themselves.



## Social-Emotional Development

### Puppet Play

Use puppets to talk about emotions with your toddler. Talk about how the puppet is feeling when different scenarios occur. If you do not have puppets at home, use stuffed animals. You can also make a puppet with a sock or paper bag.



## Physical Literacy

### Ice Skating

Put on some music and pretend to ice skate around your house with your toddler in your slippers. If your slippers are not slippery, you can use socks or put little sheets of wax paper under your feet.



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## Cognitive Development

### Music Exploration

Provide your toddler with pans, cookie sheets and cooking utensils that they can bang together to make noise. Bring their attention to the sound the each item makes and how they are different.



## Creative Activity

### Tape Resist Painting

Provide your toddler with blue tape, paper, and paint. Help them make a design on their paper with the blue tape. Let your toddler paint over the blue tape. Once the painting is dry, pull off the blue tape to see the design left behind.



## Additional Activities

**Stacking Snowmen:** Provide your toddler with blocks that are covered in white paper. Draw snowman parts on the blocks and encourage them to build a snowman with their blocks.

**Snowy Construction Site:** Provide your toddler with snow, blocks, and cars/ trucks in a sensory bin. Let your child drive and build in the snow.

**Outside:** Get your child outside to play on a nice day. Bundle them up and let them enjoy being outside. If there is snow, build a snowman, build a snow fort, or go sledding.