

# LEARNING AT HOME SCHOOLAGE WEEK 10

February 1st- February 5th



Dear Families,

We are excited to launch plans for Week 10. There are some great options for physical activities in an indoor environment. Additionally, some simple ideas with materials available at home to support the creative undertakings. We hope you enjoy this week's plan with your little ones!

## STEAM

### Oobleck

Make oobleck with your child and talk about what happens when you mix together 1 cup cornstarch and 1/2 cup water. Try adding more cornstarch and see what happens. Try adding more water. Play around with the recipe and ask your child questions about the mixture as you explore. You can also try adding different materials to see how it changes the mixture.



## Science

### Playdough Making:

Make a playdough recipe with your child. Talk about the cause and effect that happens when you mix the dry ingredients with the wet ingredients.



## Physical Literacy

### Ice Skating

Put on some music and pretend to ice skate around your house with your toddler in your slippers. If your slippers are not slippery, you can use socks or put little sheets of wax paper under your feet.



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## Sensory

### Pretend Bakery

Make playdough with your child. Have them help you measure and mix the ingredients. Once the playdough is made, pretend to run a bakery making items out of the playdough (cupcakes, cakes, muffins, donuts). Work together to create the treats as well as pretend to sell them. Edible Sweet Playdough: 1 cup frosting, 1 cup powdered sugar. Mix the ingredients together until a playdough forms. (You may need additional powdered sugar)



## Creative Activity

### Ice Skating Creations

Provide your child with paint and aluminum foil. Let your child dip their fingers into the paint and skate them on the paper to create a design.

\*Adding a little glue to the paint will help it stick to the aluminum foil.



## Additional Activities

Outside: Get your child outside to play on a nice day. Bundle them up and let them enjoy being outside. If there is snow, build a snowman, build a snow fort, or go sledding.

Fake Snow Writing Tray: Make a fake snow writing tray using 1 cup shaving cream and 1/2 cup cornstarch. Mix the ingredients together to make a fake snow they spread it out on a cookie sheet. Let your child practice writing letters, their name, or simple words with a paintbrush.